

Your EGD procedure is scheduled for _____

Please check in at: _____ Procedure time: _____

Location: HPI-Community Hospital North
9800 Broadway Extension
Oklahoma City, OK 73114 HPI-Community Hospital South
3100 SW 89th St.
Oklahoma City, OK 73159

ESOPHAGOGASTRODUODENOSCOPY - EGD

****IT IS NECESSARY FOR YOU TO MAKE ARRANGEMENTS AHEAD OF TIME FOR SOMEONE TO ACCOMPANY YOU TO YOUR APPOINTMENT. This person must be able to drive you home and must be able to stay in the facility during the procedure. YOU WILL NOT BE ABLE TO DRIVE OR TAKE A CAB AFTER YOUR PROCEDURE DUE TO THE SEDATION THAT YOU WILL RECEIVE.****

WHAT IS AN EGD?

A thin, flexible scope is passed through the mouth into the esophagus, stomach and small intestine. Abnormalities suspected on x-ray can be confirmed and others may be detected which are too small to be seen on x-ray. Biopsies may be obtained during the EGD to be sent to pathology. Often, a biopsy (a tiny bit of tissue) is taken for microscopic examination. This is how they will know if you have ulcer-causing bacteria, *Helicobacter pylori*. The biopsy also detects other problems that may be causing your esophageal or stomach discomfort. A narrow area can be stretched during EGD.

WHAT PREPARATION IS NEEDED?

For the best possible examination, the stomach must be empty. **IF YOUR EXAM IS SCHEDULED FOR MORNING:** Do not eat or drink after **MIDNIGHT** the day before your exam. (Take your morning medications with a sip of water.) **IF YOUR EXAM IS SCHEDULED FOR AFTERNOON:** You may have a clear liquid diet for breakfast, nothing after _____ on _____.

****Stop aspirin, baby aspirin, PRADAXA, COUMADIN, PLAVIX, AGGRENOX, EFFIENT, and iron 3 days prior to procedure. NO NSAIDS, SUCH AS ALEVE, ADVIL, CELEBREX, VIMOVO, DICLOFENAC, IBUPROFEN, NAPROXEN, MELOXICAM, NABUMETONE, MOBIC, MOTRIN OR ANY OTHER anti-inflammatory medications FOR 3 DAYS PRIOR TO YOUR PROCEDURE.** You may need to adjust your insulin to one-half the day before. Do not take your diabetic medication(s) the day of your procedure. Inform the nurse immediately if you are taking seizure medications. All other medications, such as your blood pressure meds, should be taken as usual.

Someone must accompany you to your examination because you will be sedated for this test. You will not be allowed to drive after the procedure. Even though you may not feel tired, your judgment and reflexes may not be normal.

WHAT SHOULD YOU EXPECT DURING YOUR PROCEDURE?

Your doctor will give you medication through a vein to make you relaxed and sleepy, and your throat may be sprayed with a local anesthetic. While you are in a comfortable position, the endoscope is inserted through the mouth and each part of the esophagus, stomach and duodenum is examined.

The procedure is extremely well-tolerated with little or no discomfort. Most patients even fall asleep during the EGD. The scope will not interfere with you ability to breathe.

WHAT HAPPENS AFTER THE EGD?

You will be monitored in the recovery area until most of the effects of the medication have worn off (about one hour). You will be able to resume your regular diet after the EGD unless otherwise instructed by your physician.

